



ST RICHARD'S
SCHOOL

St Richard's CE Primary School

RELATIONSHIPS & SEX EDUCATION POLICY

The vision of St Richard's CE Primary School is for a thriving and outstanding school where children and adults have the opportunity to become the best they can be.

Inspiring belief...

in ourselves	– through progression and fulfilment
in each other	– through motivation and teamwork
in the children	– through showing them their potential
in the parents	– through building trust by results
in God to all	– through our whole lives.

We believe in looking out for everyone

We put safety first and we do all we can to ensure that all needs are met.

We believe in working together

We act like a family who support and motivate one another.

We believe in aiming for the best

We do all we can to ensure the highest quality in every area – our children deserve nothing less.

We believe in looking to the future

We are positive and seek opportunities to grow and improve, overcoming obstacles to achieve our goals.

Purpose and Aims:

"Sex and Relationships Education is lifelong learning about physical, moral and emotional development. It is about understanding the importance of marriage for family life; stable and loving relationships, respect, love and care. It is also about the teaching of sex, sexuality and sexual health. It is not about the promotion of sexual orientation or sexual activity." (DFE July 2000)

Our children learn about relationships and sex from the very youngest age, even if we don't talk with them about it. Some of the things they learn are incorrect, confusing or frightening. In a media-based world where sex and relationships is everywhere, from marketing to popular culture, we should talk to our children to help them make sense of it all.

At St Richard's CE Primary School, we strive to ensure that all pupils develop the skills and knowledge necessary to make informed decisions. Decisions about how they relate to others can only be made if they have adequate knowledge of their own physical and emotional development and a clear understanding of what is appropriate and inappropriate. This is not a task for the school in isolation, and we seek to work with parents to ensure the teaching of Relationship and Sex Education (RSE) reflects their expectations and complements teaching at home. We also ensure that any teaching regarding Relationships and Sex Education is consistent with our Christian ethos and values.

Our aims are to:

- Provide an effective RSE programme which is relevant to all pupils and is taught in a way that is age and stage appropriate;
- Enable our pupils to make responsible, informed and healthy decisions about their lives, both now and in the future.
- Teach our pupils to respect themselves and others so they can move confidently from childhood through to adolescence and into adulthood.
- Provide a supportive learning environment in which pupils can develop their feelings of self-worth and confidence, especially in relationship to others.

Relationships and Sex Education in the context of the National Curriculum:

Legal requirements

St Richard's CE Primary School has a statutory duty to teach the following as part of the National Curriculum Science programme of study:

Key Stage 1

- Notice that animals, including humans, have offspring which grow into adults.

Key Stage 2

- Describe the differences in the life cycles of a mammal, an amphibian, an insect and a bird
- Describe the life process of reproduction in some plants and animals.
- Describe the changes as humans develop to old age.
- Recognise that living things produce offspring of the same kind, but normally offspring vary and are not identical to their parents.

Parents do not have the right to withdraw their child/children from these aspects of the Science curriculum.

Teaching Relationships and Sex Education

Specific teaching of RSE happens in the summer term, where each class will have 3 or 4 lessons on the topics specified below. However, discussions around the themes of RSE may be addressed at other times as the need arises or as part of the PSHE curriculum. The school follows the Christopher Winter Project scheme of work entitled: '*Teaching SRE with Confidence in Primary Schools*' (4th edition).

The curriculum overview from Reception to Year 6 is as follows:

Reception Our Lives	Lesson 1: Our Day Lesson 2: Keeping Ourselves Clean Lesson 3: Families
Year 1 Growing and Caring for Ourselves	Lesson 1: Keeping Clean Lesson 2: Growing and Changing Lesson 3: Families and Care
Year 2 Differences	Lesson 1: Differences: Boys and Girls Lesson 2: Differences: Male and Female Lesson 3: Naming the Body Parts
Year 3 Valuing Difference and Keeping Safe	Lesson 1: Differences: Male and Female Lesson 2: Personal Space Lesson 3: Family Differences

Year 4 Growing Up	Lesson 1: Growing and Changing Lesson 2: What is Puberty? Lesson 3: Puberty Changes and Reproduction
Year 5 Puberty	Lesson 1: Talking about Puberty Lesson 2: Male and Female Changes Lesson 3: Puberty and Hygiene
Year 6 Puberty, Relationships and Reproduction	Lesson 1: Puberty and Reproduction Lesson 2: Understanding Relationships Lesson 3: Conception and Pregnancy Lesson 4: Communicating in Relationships

Dealing with difficult questions

Each RSE sessions will be structured so that children have the opportunity to use an anonymous question box at the end of each session if they choose. Teachers will endeavour to answer questions as honestly as possible, but questions they do not feel comfortable answering or ones which are not age-appropriate and beyond the Key Stage 1 or 2 objectives, will not be answered or explored.

Relationships and Sex Education: Policy and Practice

- A designated teacher (Mrs J Knock) will have overall responsibility for the provision of the programme, for monitoring developments with RSE and for recommending to governors any amendments that are deemed necessary or appropriate.
- Parents will have access to the RSE curriculum overview to enable them to discuss issues with staff or their own children.
- Materials and specific content used in the RSE programme taught at St Richard’s will be available to parents on request.
- Parents may withdraw their children from all or parts of the SRE programme if they wish and following consultation with Mrs Knock.
- The children will be taught in both single and mixed gender groups as appropriate. Some of these sessions may be facilitated by the class teacher or the school nurse.
- If questions are asked by children outside the RSE Programme, the class teacher will use their discretion in answering them in an appropriate manner and at an appropriate and suitable time.
- Every child – including those with protected characteristics (see Equality Policy) - is entitled to receive RSE.
- It is our intention all children have the opportunity to experience a programme of RSE at a level which is appropriate for their age and physical development with differentiated provision if required.
- The school’s RSE Policy is subject to annual review.

Child Protection and Safeguarding

All staff and parents need to be aware that effective Relationships and Sex Education, which brings an understanding of what is and is not acceptable in a relationship, may lead to a child disclosing a child protection or safeguarding issue.

If such a situation arises, the staff member will follow the reporting procedures as set out in the school’s Safeguarding Policy.

A member of staff cannot promise confidentiality if concerns exist.

This policy document will be available to parents via the school's website or via requesting a paper copy from the school office.

This policy also links to our school policies on:

PSHE

Safeguarding and Child Protection

Equalities

Anti-Bullying

Behaviour

Online Safety

Date approved by the Governing Body: March 2018

Review date: March 2019

Headteacher: _____

Governor: _____